

Name of Organization	Services	Address	Phone #	Website	Hours
Eden Mental Health Services	Mental health service	2045 Fairmont Dr, San Leandro, CA 94578	(510) 667-7500		9AM to 5PM (Closed on Wednesdays)
Mental Health Association of Alameda County	The Mental Health Association of Alameda County (MHAAC) has been serving people with mental illness and their families throughout Alameda County and is a non-profit agency.	954 60th St # 10, Oakland, CA 94608	(510) 835-5010	<a href="http://www.mhaac.org/">http://www.mhaac.org/</a>	Phone hours are open 24 hours, 7 days a week.
Valley Mental Health Services	Mental Health service	3730 Hopyard Rd # 103, Pleasanton, CA 94588	(925) 551-6851		8:30AM to 5PM (Closed Saturdays and Sundays)
Asian Community Mental Health Services	Mental Health service	310 8th St #201, Oakland, CA 94607	(510) 869-6000	<a href="http://www.acmhs.org/">http://www.acmhs.org/</a>	9AM-12PM, 1PM to 5PM (Closed Fridays to Sundays)
Alameda County Network of Mental Health Clients	They are a network of five programs throughout Alameda County dealing with mental health, homelessness and/or addiction recovery. We seek to meet the needs of the mental health community by providing peer-run alternatives to the traditional mental health system.	3238 Adeline St, Berkeley, CA 94703	(510) 652-7451	<a href="https://www.acnetmhc.org/">https://www.acnetmhc.org/</a>	9AM to 5PM (Closed Saturdays and Sundays)
La Cheim Behavioral Health Services	La Cheim creates an array of individual treatment and educational programs for children and adults regarding mental health.	3031 Telegraph Ave, Oakland, CA 94609	(510) 596-8125	<a href="https://www.lacheim.org/php-iop">https://www.lacheim.org/php-iop</a>	9AM to 5PM (Closed Saturdays and Sundays)
Gateway Psychiatric Services Pleasanton	Gateway Psychiatric Services provides psychiatric care through excellent psychiatric care, professional education, consultation to organizations delivering psychiatric services.	5674 Stoneridge Dr #218a, Pleasanton, CA 94588	(925) 262-1183	<a href="https://www.gatewaypsychiatric.com/">https://www.gatewaypsychiatric.com/</a>	9AM to 6PM (Closed Tuesdays to Sundays)
STARS Community Services	Stars Community Services provides programs for children, adolescents, and transitional age youth (TAY) who face emotional, behavioral, and learning challenges and having difficulty succeeding in family or community living environments.	545 Estudillo Ave, San Leandro, CA 94577	(510) 352-9200	<a href="https://www.starsinc.com/alameda-county/">https://www.starsinc.com/alameda-county/</a>	9AM to 5PM (Closed Saturdays and Sundays)

Oakland Behavioral Health Clinic - VA Northern California Health Care System	This mental health service provides a full range of mental health and substance abuse treatment services including, including treatment for drug and alcohol-related dependencies, medication management, methadone maintenance, individual and group therapy.	525 21st St, Oakland, CA 94612	(510) 587-3400	<a href="https://www.northerncalifornia.va.gov/locations/Oakland_BHC.asp">https://www.northerncalifornia.va.gov/locations/Oakland_BHC.asp</a>	8AM to 4:30PM (Closed Saturdays and Sundays)
Bay Area Community Services (BACS) Valley Wellness Center	BACS has started homelessness prevention programs, rapid re-housing, targeted outreach for people experiencing homelessness, support navigating the web of services, purchasing housing across the Bay Area to house people who would otherwise be homeless, and provides recovery-oriented behavioral health services.	3900 Valley Ave #B, Pleasanton, CA 94566	(925) 484-8457	<a href="https://www.bayareacs.org/">https://www.bayareacs.org/</a>	9AM to 5PM (Closed Saturdays and Sundays)
Teens Helping Teens	A nonprofit, community-based organization helping troubled teenagers address their problems and provide personal teen-to-teen education or support before problems become a crisis, current technologies and community outreach.		(310) 855-HOPE or (800) TLC-TEEN	<a href="https://teenlineonline.org/">https://teenlineonline.org/</a>	Phone hours open 6PM to 10PM
California Peer Run Warmline	A non-emergency resource for anyone in California seeking emotional support. They provide assistance via phone and webchat on a nondiscriminatory basis to anyone in need. The Warm Line is highly accessible, a low-threshold mental health resource that people can use to seek support before they've reached the crisis point, in the hope that support now will prevent crisis later.		1-855-845-7415	<a href="https://www.mentalhealthsf.org/peer-run-warmline/">https://www.mentalhealthsf.org/peer-run-warmline/</a>	Open 24 hours, 7 days a week
Hopefully Socially	Hopefully Socially is a professional and passionate counselor in Oakland, CA and the surrounding areas. They specialize in therapy for individuals, families, and couples concerning conflict resolution, parenting, social and behavioral problems, or relationships.	All consultations are virtual, no physical walk-ins.	(510) 325-2121	<a href="https://oaklandyouthcounseling.com/">https://oaklandyouthcounseling.com/</a>	6AM to 12AM

East Bay Community Recovery	They help support self-sufficiency and wellness of individuals and families by providing comprehensive and integrated services and programs for mental health, substance use and related health conditions	22973 Sutro St, Hayward, CA 94541	(510) 728-8600	<a href="http://www.ebcrcp.org/">http://www.ebcrcp.org/</a>	Hours not listed on Website
Family Paths - Hayward	They are a non-profit organization of mental health professionals and dedicated volunteers that provide a number of mental health and supportive services to low income, multi-stressed individuals and families.	22320 Foothill Blvd, Hayward, CA 94541	(510) 893-9230	<a href="https://familypaths.org/">https://familypaths.org/</a>	9AM to 7PM (Closed Saturdays and Sundays)
Acacia Mental Health - Fremont	They are a provider of effective mental health services in Fremont, California. They offer psychiatry, medication management, psychotherapy, behavioral therapy and more.	39210 State St #200, Fremont, CA 94538	(650) 993-9996	<a href="https://www.acaciamentalhealth.com/">https://www.acaciamentalhealth.com/</a>	10AM to 6PM (Closed Thursdays to Tuesdays)
Attune Behavior	They specialize in group home consultations including behavioral consultation, ASD Diagnostic Assessment and ABA Evaluation.	123 Bay PI Suite 2, Oakland, CA 94610	(866) 381-1668	<a href="http://attunebehavior.com/">http://attunebehavior.com/</a>	10AM to 6PM (Closed Saturdays to Sundays)
HOPE Program	They specialize in general counseling, specialized forensic assessments, and treatment.	1245 B St, Hayward, CA 94541	(510) 925-0511	<a href="https://www.hopeprogram.biz/">https://www.hopeprogram.biz/</a>	9AM to 8PM (Closed Fridays to Sundays)
Heritage Psychiatric Health	Their services include collaborative treatment planning with a recovery focus, Comprehensive evaluation and risk assessment, Symptom management skills training, Supportive counseling (group and individual) and Medication administration.	2633 E 27th St, Oakland, CA 94601	(510) 535-5115	<a href="https://www.telecarecorp.com/heritage-psychiatric-health-center/">https://www.telecarecorp.com/heritage-psychiatric-health-center/</a>	Open 24 hours, 7 days a week
La Familia	La Familia provides services throughout Alameda and Contra Costa counties, with a comprehensive selection of programs to meet a variety of mental health and community support needs.	24301 Southland Drive, Suite 300, Hayward, CA 94545	(510) 300-3500	<a href="https://www.lafamiliacounseling.org/">https://www.lafamiliacounseling.org/</a>	8:30AM to 5PM