

Organization	Service	Address	Numbers
NAMI	We provide evidence-based education classes and support groups at no cost to participants in English and Spanish, offer local expertise, help, and hope in navigating the challenging path of mental health treatment and recovery, and advocate for policies and programs that improve the lives of everyone affected by mental health challenges.	3600 Wilshire Boulevard, Suite 1804, Los Angeles, CA 90010	(213) 386-3615
Los Angeles County Department of Mental Health	Provides mental health resources and access to suicide hotline and substance abuse hotline	11080 W Olympic Blvd, Los Angeles, CA 90064	800-854-7771
Antelope Valley MHS	Adult Mental Health Clinic	349-A East Avenue K6 Lancaster, CA 93535	661-723-4260
Palmdale MHC	Adult Mental Health Clinic	1529 E. Palmdale Boulevard, Suite 150 Palmdale, CA 93550	661-575-1800
Antelope Valley Wellness & Enrichment Center	Adult Mental Health Clinic	251 East Avenue K-6 Suite H Lancaster, CA 93535	661-974-8400
San Fernando MHC	Adult Mental Health Clinic	10605 Balboa Boulevard, Suite 100 Granada Hill, CA 91344	818-832-2400
Santa Clarita Valley MHC	Adult Mental Health Clinic	23501 Cinema Dr. Valencia, CA 91355	661-288-4800
East San Gabriel Valley MHC	Adult Mental Health Clinic	1359 N. Grand Avenue Covina, CA 91724	626-430-2900
Hollywood MHC	Adult Mental Health Clinic	1224 North Vine Street Los Angeles, CA 90038	323-769-6100
Edelman Westside MHC	Adult Mental Health Clinic	11303 W. Washington Blvd. Suite 200 Los Angeles, CA 90066	310-482-3200
Downtown MHC	Adult Mental Health Clinic	529 S. Maple Avenue Los Angeles, CA 90013	213-430-6700
Rio Hondo Mental health	Mental Health Clinic	17707 Studebaker Rd, Cerritos, CA 90703	(562) 402-0688
Behavioral Health Services American Recovery Center	Addiction treatment center	2180 Valley Blvd, Pomona, CA 91768	(909) 865-2336
DDidi Hirsch Mental Health Services	Mental Health Service	2000 E 4th St #201, Santa Ana, CA 92705	(714) 547-0885
Mental Health Resources (MHR)	Online community based mental health service for adults suffering from medical, social, or social related issues		http://www.mhresources.org/

National Alliance on Mental Illness (NAMI)-LGBTQ+	NAMI LGBTQ+ Resource Page contains articles, videos, and research to support mental health	https://www.nami.org/Find-Support/LGBTQ
MindWise- Military and Family Screenings	Offers anonymous mental health and substance abuse assessments for military members and their families	https://screening.mentalhealthscreening.org/Military_NDSD
National Council on Aging-Behavioral Health	Promotes programs to aid seniors cope with mental health issues such as anxiety, stress, depression, addiction, etc.	https://www.ncoa.org/center-for-healthy-aging/behavioral-health/
The Jed Foundation	Youth, teen, school, and college students mental health and suicide prevention resource	https://www.jedfoundation.org/
Anxiety and Depression Association of America (ADAA)	Online resources for anxiety, depression, OCD, PTSD, etc.	https://adaa.org/living-with-anxiety/ask-and-learn/resources